

Fit Fun Bootcamps Questionnaire

Name: _____ Email: _____

Age: _____ Phone # _____

How did you hear about Fit Fun Bootcamps?

What specific goals you would like to see accomplished by attending Fit Fun Bootcamps?

How can the instructors help you individually? (What specific questions do you have?)

Do you have any physical limitations preventing you in any way?

What current physical activity are you participating in?

Is there anything else you would like the instructor to know about you? (The more detail you can provide the more beneficial it is to the instructor and to you)